

Gozde OZAKINCI, PhD, CPsychol

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CURRENT POSITION

- Senior Lecturer in Health Psychology, School of Medicine, University of St Andrews (as of 1/8/2016)
- Chartered Health Psychologist
- Cognitive Behavioural Psychotherapist

Health Care Providers Council Registration as a Health Psychologist: PYL18228
British Psychological Society Chartered Member: 203450

EDUCATION

2008, Diploma in Cognitive Behavioural Psychotherapy – University of Dundee

2004, Ph.D. in Social/Health Psychology, Rutgers - The State University of New Jersey

Title: Psychological and behavioral outcomes of genetic testing for BRCA1/2 mutations among Ashkenazi Jewish women

Supervisor: Prof. Howard Leventhal

1998, M.Sc. in Health Psychology, University College London

Title: Examination of intention to use condoms among heterosexual Turkish university students

Supervisors: Prof. John Weinman and Prof. Charles Abraham

1995, BA in Psychology (Dean's Honour list), Bogazici University, Istanbul, Turkey

PREVIOUS POSITIONS

2006-2016	Lecturer in Health Psychology
2004-2006	Research Fellow, Bute Medical School, University of St Andrews
2003-2004	Teaching Assistant, Rutgers University, Department of Psychology
2001-2003	Part-time Lecturer, Rutgers University, Department of Psychology
2000-2003	Excellence Fellow, Rutgers University, Institute for Health, Health Care Policy, and Aging Research
1998-2000	Teaching and Research Assistant, Istanbul Bilgi Univ., Psychology Dept.

NATIONAL MEMBERSHIPS:

2013- current Secretary, British Psychological Society, Division of Health Psychology-Scotland

2013- current Member of National Cancer Research Initiative clinical study groups (Lifestyle and behaviour change, Service, delivery and evaluation)

2012- current Committee member, British Psychological Society, Division of Health Psychology-Scotland

AWARDS & HONOURS

- 2004- Excellence in Research Award, Rutgers University Social Psychology Program
- 2000-2003- Excellence Fellowship, Institute for Health, Health Care Policy, and Aging Research
- 2003- Meritorious Student Paper selection, Society of Behavioral Medicine
- 2002- New Jersey Cancer Research Award for Scientific Excellence
- 2002- Outstanding Service in Social Psychology Award, Rutgers University

PEER-REVIEWED ARTICLES

In Press

1. Ozakinci, G. What is stress? Chapter in 4th Edition Psychology and Sociology Applied to Medicine. Edited by van Teijlingen, E and Humphris, G. Elsevier 2019
2. Eadie, D., Best, CS., Stead, M., MacKintosh, AM., Critchlow, N., Purves, R., Pearce, JR., Currie, DB., **Ozakinci, G.**, Amos, A., MacGregor, AS., Haw, S. Assessing change in tobacco visibility at point-of-sale following a display ban. *Tobacco and Regulatory Sciences*.

2018

3. Sobota, A., **Ozakinci, G.** Determinants of fertility issues experienced by young women diagnosed with breast or gynaecological cancer: A quantitative, cross-cultural study. *BMC Cancer*18;874 doi.org/10.1186/s12885-018-4766-y
4. Hubbard, G., Campbell, A., Fisher, A., Harvie, M., Maltinsky, W., Mullen, R., Banks, E., Gracey, J., Gorely, T., Munro, J., **Ozakinci, G.** Physical activity referral to cardiac rehabilitation, leisure centre or telephone-delivered consultations in post-surgical people with breast cancer: a mixed methods process evaluation. Pilot and Feasibility Studies. 1; 4; 108; doi: 10.1186/s40814-018-0297-1
5. Anderson, N., & **Ozakinci, G.** Effectiveness of psychological interventions to improve quality of life in people with long-term conditions: rapid systematic review of randomised controlled trials. *BMC Psychology*. 6(1);11 doi: 10.1186/s40359-018-0225-4.
6. Humphris, G., Watson, E., Sharpe, M., **Ozakinci, G.** Unidimensional scales for fears of cancer recurrence and their psychometric properties: The FCR4 and FCR7. *Health and Quality of Life Outcomes*, 16(1): 30. doi: 10.1186/s12955-018-0850-x

7. **Ozakinci, G.**, Swash, B., Humphris, G., Rogers, S., Hulbert-Williams, N. Fear of cancer recurrence in oral and oropharyngeal cancer patients: An investigation of the clinical encounter. *European Journal of Cancer Care*. 27(1). doi: 10.1111/ecc.12785
8. Pezdirc, K., Rollo, M., Whitehead, R., Hutchesson, M., **Ozakinci, G.**, Perrett, D., Collins, C. Perceptions of carotenoid and melanin colouration in faces among young Australian adults. *Australian Journal of Psychology*. 70(1), 85-90. DOI:10.1111/ajpy.12163

2017

9. Best, C., Haseen, F., Currie, D., **Ozakinci, G.**, MacKintosh, A.M., Stead, M., Eadie, D., MacGregor, A., Pearce, J., Amos, A., Frank, J., Haw, S. Relationship between trying an electronic cigarette and subsequent cigarette experimentation in Scottish adolescents: A cohort Study. *Tobacco Control*. 2017 Jul 22. pii: tobaccocontrol-2017-053691. doi: 10.1136/tobaccocontrol-2017-053691
10. Hubbard, G., Taylor, C., Beeken, B., Campbell, A., Gracey, J., Grimmett, C., Fisher, A., **Ozakinci, G.**, Slater, S., Gorely, T. Research priorities about stoma-related quality of life from the patient perspective: A pilot survey. *Health Expectations*. 20(6),1421-1427. DOI: 10.1111/hex.12585
11. Wells, M., Aitchison, P., Harris, F., **Ozakinci, G.**, Radley, A., Bauld, L., Entwistle, V., Munro, A., Haw, S., Culbard, B., Williams, B. Barriers and facilitators to smoking cessation in cancer context: A qualitative study of patient, family and professional views. *BMC Cancer*. 17:348. DOI: 10.1186/s12885-017-3344-z
12. Dale, H., Scott, C., **Ozakinci, G.** Safe Drive Stay Alive: exploring effectiveness of a real-world driving intervention for pre-drivers and the utility of the Health Action Process Approach. *Injury Prevention*. 23(2), 109-113. pii: injuryprev-2015-041831. DOI: 10.1136/injuryprev-2015-041831.
13. Whelehan, P., **Ozakinci, G.**, Evans, Client and practitioner perspectives on the screening mammography experience. *European Journal of Cancer Care*. 26(3), Epub 2016 Oct 13. DOI: 10.1111/ecc.12580
14. Lebel, S., **Ozakinci, G.**, Humphris, G., Thewes, B., Prins, J., Dinkel, A., Butow, P. Current state and future prospects of research on fear of cancer recurrence. *Psycho-Oncology*, 26(4), 424-427. DOI: 10.1002/pon.4103.

2016

15. Lee, A.S., **Ozakinci, G.**, Leung, S., Humphris, G., Dale, H., Hamlet, N. Lifestyle change in the cancer setting using the “teachable moment”: protocol for a proof-of-concept pilot in a Urology service. *Pilot and Feasibility Studies*. Oct 21, 2:65. DOI: 10.1186/s40814-016-0102-y
16. Lebel, S., **Ozakinci, G.**, Humphris, G., Mutsaers, B., Thewes, B., Prins, J., Dinkel, A., Butow, P. From normal response to clinical problem: Definition and clinical features of fear of cancer recurrence. *Supportive Care in Cancer*. Aug;24(8):3265-8. DOI: 10.1007/s00520-016-3272-5. Epub 2016 May 12.
17. Hubbard, G., Gorely, T., **Ozakinci, G.**, Polson, R., Forbat, L. A systematic review and narrative summary of family-based smoking cessation interventions to help adults quit smoking. *BMC Family Practice*, Jun 24;17(1):73. DOI: 10.1186/s12875-016-0457-4
18. Best, C., Haseen, F., van der Sluijs, W., **Ozakinci, G.**, Currie, D., Eadie, D., Stead, M., MacKintosh, A.M., Pearce, J., Tisch, C., MacGregor, A., Amos, A., Frank, J., Haw, S. Relationships between e-cigarette point of sale recall and e-cigarette use in secondary school children: a cross-sectional study. *BMC Public Health*, 16:310, DOI: 10.1186/s12889-016-2968-2.

2015

19. Fauske, L., Bondevik, H., Bruland, Ø., **Ozakinci, G.** Negative and positive consequences of cancer treatment experienced by long-term osteosarcoma survivors: A qualitative study. *Anticancer Research*. 35(11), 6081-90.
20. Pezdirc, K., Hutchesson, M.J., Whitehead, R., **Ozakinci, G.**, Perrett, D., Collins, C. Fruit, vegetable, and dietary carotenoid intakes explain variation in skin-color in young Caucasian women: A cross-sectional study. *Nutrients*. 15;7(7); 5800-15. doi: 10.3390/nu7075251.
21. Sobota, A. & **Ozakinci G.** The Quality and Readability of Online Consumer Information about Gynaecological Cancer. *International Journal of Gynecological Cancer*. 25(3), 537-541, 10.1097/IGC.0000000000000362.
22. Jones, J., Kane, P., Polson, P., Leslie, S.J., Hulbert-Williams, N.J., Simard, S., **Ozakinci, G.**, Hubbard, G. Protocol for a systematic review of screening tools for fear of recurrent illness in common life-threatening diseases. *Systematic Reviews*. 19;4:10. doi: 10.1186/2046-4053-4-10.

23. Pezdirc, K., Hutchesson, M., Whitehead, R., **Ozakinci, G.**, Perrett, D., Collins, C.
Can dietary intake influence perception of and measured appearance? A
systematic review: Dietary intake and appearance. *Nutrition Research*. 35(3); 175-
97. doi: 10.1016/j.nutres.2014.12.002.
24. Hanning, KA., Steel, M., Goudie, D., McLeish, L., Dunlop, J., Myring, J., Sullivan, S.,
Berg, J., Humphris, G., **Ozakinci, G.** Why do women not return family history
forms when referred to breast cancer genetics services? A mixed-method study.
Health Expectations, 18(5), 1735-43. doi: 10.1111/hex.12166
25. Laidlaw, A., McLellan, J., **Ozakinci, G.** Understanding reasons for help seeking for
mental wellbeing issues among undergraduate students. *Studies in Higher
Education*. 10.1080/03075079.2015.1026890. Published online 25 March 2015.

2014

26. **Ozakinci, G.**, Sobota, A., Humphris, G. Fears of cancer recurrence among breast
cancer survivors. *Current Breast Cancer Reports*. 6(3), 219-225. 10.1007/s12609-
014-0153-0
27. Sobota, A. & **Ozakinci G.** Fertility and parenthood issues in young female cancer
patients - a systematic review. *Journal of Cancer Survivorship*. 8(4), 707-721.
10.1007/s11764-014-0388-9
28. Khan, S.S., Tewari, S., Srinivasan, N., Hopkins, N., Reicher, S., **Ozakinci, G.** Efficacy
and well-being in rural north India: The role of social identification with a large-
scale community identity. *European Journal of Social Psychology*. 44(7), 787-798.
10.1002/ejsp.2060.
29. Laidlaw, A., Hunter, J., Turvey, T., Stillman, M., Warren, R., **Ozakinci, G.** The
development and evaluation of a flexible training course 'Understanding and
developing compassion'. *Journal of Evidence-based Psychotherapies*, 14(2), 149-
157.
30. Williams, D., Re, D., **Ozakinci, G.** Television viewing habits of pre-clinical UK
medical undergraduates: Further potential implications for bioethics. *American
Journal of Bioethics: Empirical Bioethics*, 5(2). 55-67.
<http://www.tandfonline.com/eprint/iesx3UkxSnxzu2ZkYajS/full>

2013

31. Simard, S., Thewes, B., Humphris, G., Dixon, M., Hayden, C., Mireskandari, S., &
Ozakinci, G. Fear of Cancer Recurrence in Adult Cancer Survivors: A Systematic
Review of Quantitative Studies. *Journal of Cancer Survivorship*, 7(3), 300-322.
10.1007/s11764-013-0272-z

32. Whitehead, RW., **Ozakinci, G.**, Perrett, DI. You are what you eat: A randomised controlled trial of an appearance-based dietary intervention. *Health Psychology*. 33(1):99-102. doi: 10.1037/a0032322

2012

33. Whitehead, RW, **Ozakinci, G.**, Perrett, DI. Attractive skin coloration: Harnessing sexual selection to improve diet and health. *Evolutionary Psychology*. 10(5), 842-854.
34. Dennis, A., Neville, F., Laidlaw, A., Warren, R., **Ozakinci, G.** Anxiety about anxiety in medical students: Lessons learned from workshops aimed equipping students to cope with communication-related anxiety. *The Clinical Teacher*, 9(5), 330-333. doi: 10.1111/j.1743-498X.2012.00569.x.
35. Whitehead, RW, Coetzee, V., **Ozakinci, G.**, Perrett, D Whitehead et al Respond. *American Journal of Public Health*, 102(10):e3-4. Epub 2012 Aug 16
36. Whitehead, RW, Re, D., Xiao, D., **Ozakinci, G.**, Perrett, DI. You are what you eat: Within-subject increases in fruit and vegetable consumption confer beneficial skin-color changes. *PLoS One* 7(3): e32988. doi:10.1371/journal.pone.0032988.
37. Whitehead, RW, **Ozakinci, G.**, Stephen, I.D., Perrett, D. Appealing to vanity: Could seeing potential appearance-gains motivate fruit and vegetable consumption? *American Journal of Public Health* 102(2), 207-211. doi: 10.2105/AJPH.2011.300405.
38. Whitehead, RW, Coetzee, V., **Ozakinci, G.**, Perrett, D. Cross-cultural effects of fruit and vegetable consumption on skin color. *American Journal of Public Health*, 102(2), 212-213. doi: 10.2105/AJPH.2011.300495
39. Ghazali, N., Cadwallader, E., Lowe, D., Humphris, G, **Ozakinci, G.**, Rogers, SN. Fear of recurrence amongst head and neck cancer survivors: Longitudinal trends. *Psycho-Oncology*. DOI: 10.1002/pon.3069

2011

40. **Ozakinci, G.**, Bolak, H., Mora, P. Modern health worries, health care utilization, and symptom reporting: Examples from the UK and Turkey. *Behavioral Medicine*, 37(2), 35-41. DOI: 10.1080/08964289.2011.552925

2010

41. Burden, A.D., Hilton Boon, M., Leman, J., Wilson, H., Richmond, R., Ormerod, A.D., (2010) on behalf of the Guideline Development Group (Ozakinci was part of this group). Diagnosis and management of psoriasis and psoriatic arthritis: summary of SIGN guidance. *British Medical Journal*, 341:c5623. doi: 10.1136/bmj.c5623.

42. **Ozakinci, G.**, Wells, M., Williams, B., Munro, A., Donnelly, P. (2010). Cancer diagnosis: An opportune time to help patients and their families to stop smoking? *Public Health*, 124(8), 479-482, doi:10.1016/j.puhe.2010.04.006
43. Rogers, S.N., Scott, B., Lowe, D., **Ozakinci, G.**, Humphris, G. (2010). Fear of recurrence following head and neck cancer: evaluation in a busy routine clinical setting. *European Archives of Oto-Rhino-Laryngology and Head and Neck*. DOI: 10.1007/s00405-010-1307-y
44. Thomas, G., Humphris, G., **Ozakinci, G.**, O'Brien, K., Roberts, S.A., Hopkins, M., Brabin, L. (2010). A qualitative study of pharmacists' views on offering Chlamydia screening to women requesting emergency hormonal contraception. *British Journal of Obstetrics and Gynaecology*, 117(1), 109-113. DOI: 10.1111/j.1471-0528.2009.02362.x

2008

45. Humphris, G., **Ozakinci, G.** The AFTER intervention: A structured psychological approach to reduce fears of recurrence in patients with head and neck cancer (2008). *British Journal of Health Psychology*, 13(2), 223-230.
46. Kelly, K.M., Senter, L., Leventhal, H., **Ozakinci, G.**, Porter, K. (2008). Subjective and objective risk of ovarian cancer in women testing for BRCA1/2 mutations. *Patient Education and Counseling*, 70(1), 135-142.

2007

47. Pagato, S., Spring, B., Coups, E., Mulvaney, S., Coutu, M.F., **Ozakinci, G.** (2007) Barriers and facilitators of evidence-based practice perceived by behavioral science health professionals. *Journal of Clinical Psychology*, 63(7), 695-705.
48. **Ozakinci, G.**, Humphris, G., Steel, M. (2007). Provision of breast cancer risk information to women at lower end of the familial risk spectrum. *Community Genetics*, 10(1), 41-44.

2006

49. **Ozakinci, G.** & Weinman, J. (2006). Determinants of condom use intentions and behavior among Turkish youth: A theoretically based investigation. *Journal of HIV/AIDS Prevention in Children & Youth*, 7(1), 73-95.
50. Young, D., McLeish, L., Sullivan, F., Pitkeathly, M., Reis, M., Goudie, D., Vysny, H., **Ozakinci, G.**, Steel, M. (2006). Familial breast cancer: Management of "lower risk" referrals. *British Journal of Cancer*, 95(8), 975-978.

51. **Ozakinci, G.**, Hallman, W.K., Kipen, H.M. (2006). Persistence of symptoms in Veterans of the first Gulf War: 5 year follow-up. *Environmental Health Perspectives*, 114(10), 1553-1557.
52. Fiedler, N., **Ozakinci, G.**, Hallman, W., Wartenberg, D., Brewer, N., Barrett, D.H., Kipen, H. (2006). Military deployment to the Gulf War as a risk factor for psychiatric illness among US troops. *British Journal of Psychiatry*, 188(5), 453-459.
53. Humphris, G.M., & **Ozakinci, G.** (2006). Psychological responses and support needs of patients following head and neck cancer. *International Journal of Surgery*, 4(1), 37-44.

1999 and earlier

54. **Ozakinci, G.** (1999). Intention to use condoms with new partners among heterosexually active Turkish university students. *Bogazici Journal: Review of Social, Economic, and Administrative Studies*, 13 (1-2), 145-156.
55. **Ozakinci, G.** (1998). STD/HIV prevention efforts in Turkey: A review. *Health Psychology Update*, 32, 42-44.

BOOK CHAPTERS

1. Mora, P.A. & **Ozakinci, G.** (2012). Self-regulation model. In Gellman, M. & Turner, J. R. (Eds), *Encyclopedia of Behavioral Medicine*. Springer.
2. Leventhal, H., Halm, E., Horowitz, C., Leventhal, E.A., **Ozakinci, G.** (2005). Living with chronic illness: A contextualized, self-regulation approach. In S. Sutton, M. Johnston, & A. Baum (Eds.) *The Sage Handbook of Health Psychology*, (pp. 197-240). Sage Publications, Inc.
3. Leventhal, H., Cameron, L., Leventhal, E., **Ozakinci, G.** (2005). Do messages from your body, your friends, your doctor, or the media shape your health behaviors? Green, M.C. & Brock, T.C. (Eds.) *Persuasion: Psychological insights and perspectives*. 2nd edition, (pp.195-224). Thousand Oaks, CA: Sage Publications, Inc.

NON PEER-REVIEWED ARTICLES

1. Perrett, D.I., Whitehead, R.D., **Ozakinci, G.** (2013). Eating fruit and vegetables gives your skin a golden glow. *British Academy Review*, 21, 2-6.

CURRENT GRANTS:

Title: Increasing physical activity levels: Designing a referral pathway to a community- and volunteer-based physical activity programme. **Investigators:** Gozde Ozakinci (PI), Frank Sullivan. **Funder:** NHS Fife Endowment Fund.

Amount: £71,941

Start date: 2/7/2018

End date: 30/06/2019

Title: A theory-guided exploration of the illness perceptions of working age attendees of cardiac rehabilitation programme: Facilitation of long-term lifestyle change

Funding agency: Collaborative PhD Studentship; ESRC funded Scottish Graduate School of Social Science (Doctoral Training Centre). Third Sector collaborator: Fife Sports and Leisure Trust (10% of studentship and travel expenses).

Supervisor: Gozde Ozakinci

Start date: 1/10/2014

COMPLETED GRANTS

Title: Determining the Impact of Smoking Point of sale Legislation Among Youth Study (DISPLAY study)

Funding agency: National Institute of Health Research (NIHR)

Amount: £646,951.20 (St Andrews component)

Investigators: Gozde Ozakinci and Dorothy Currie (joint PIs for the School survey arm), Sally Haw (overall PI; Stirling), Amanda Amos (Edinburgh); Andy MacGregor (SCOTCEN); Jamie Pearce (Edinburgh); John Frank (Edinburgh); Candace Currie (St Andrews); Anne Marie MacIntosh (Stirling); Douglas Eadie (Stirling)

Start Date: 1/1/2012 **End date:** 31/12/2017

Title: Telephone-delivered physical activity intervention for people with breast cancer after surgery: A feasibility study

Funding agency: Chief Scientist Office **Amount:**

£15,223.24 **Investigators:** Gill Hubbard, Gozde Ozakinci, Abi Fisher, UCL; Anna Campbell, Edinburgh Napier University; Michelle Harvie, University hospital South Manchester; Jackie Gracey, Ulster University; Mullen, NHS Highland; Elspeth Banks, NCRI Consumer Liaison Group.

Title: The relationship between fear of cancer recurrence and health behaviours: a qualitative investigation.

Funding agency: Wellcome Trust Vacation Studentship

Amount: £2000

Investigator: Dr Gozde Ozakinci

Medical student: Chloe Harijanto

Date: Summer 2016

Title: Cancer diagnosis as an opportunity for increasing uptake of smoking cessation services among families: An exploratory study of patients', family members, and health professionals' views

Funding agency: Chief Scientist Office (CZH 4807)

Amount: £202,937 (with FEC)

Investigators: Mary Wells (Stirling), Gozde Ozakinci, Brian Williams (Stirling), Sally Haw (Stirling), Linda Bauld (Stirling), Andrew Radley (Dundee), Alastair Munro (Dundee)

Start date: 1/8/2013 End date: 31/3/2015

Title: Lessons from citizen led community participation and prevention: How does *parkrun* UK create active and inclusive physical cultures?

Funding agency: Cancer Research UK

Amount: £20,000

Investigators: Simone Fullagar (Bath); **Gozde Ozakinci**, Muhsina Akhtar (Islington Bangladesh Association); Stephanie Allen, Cancer Focus, Northern Ireland; Sandra Petris, University of Glasgow affiliated

Start date: 1/10/2014 for 16 months

Title: Using the teachable moment for behaviour change

Funding agency: Scottish Government

Amount: £50,000

Investigators: Gozde Ozakinci and Gerry Humphris (joint PIs), Steve Leung (NHS Fife; Consultant Urologist), Neil Hamlet (NHS Fife; Consultant in Public Health) and Hannah Dale (Health Psychologist).

Start date: 1/10/2014 for 17 months

Title: Exercise referral to fitness centre or cardiac rehabilitation among breast cancer survivors: Pilot single-arm trial with embedded process evaluation [Reference: 2014NovSP422]

Funding agency: Breast Cancer Campaign

Amount: £23,943

Investigators: Gill Hubbard (Stirling; PI); **Gozde Ozakinci**; Michelle Harvie (University of Manchester); Nanette Mutrie (University of Edinburgh); Abi Fisher (University College London); Jackie Gracey (University of Ulster); Anna Campbell (University of Surrey); Julie Munro (University of Stirling); Elspeth Banks (National Cancer Research Institute); Sally Haw (University of Stirling); Russell Mullen (Highland Breast Centre, Raigmore Hospital, Inverness)

Start date: 1/6/2015; 12 months

Title: Collective participation and social identification: A study of the individual, interpersonal and collective dimensions of attendance at the Magh Mela.

Funding Agency: ESRC

Amount and Duration: 555,429.58 (FEC); 30 months; Ends: April 2012

Investigators: Dr. Nick Hopkins (Dundee); Prof. Steve Reicher (St Andrews; Psychology); Dr. Gozde Ozakinci; Dr. Mark Levine (Lancaster); Dr. Clifford Stevenson (Limerick)

Title: The further development of the AFTER Intervention for cancer patients with raised fears of recurrence

Funding Agency: NCRI Supportive & Palliative Care (SuPaC) Research Collaboratives Capacity Building Grant Scheme

Amount and Duration: £78,271; 24 months

Principal Investigator: Gozde Ozakinci

Co-PIs: Prof. Gerry Humphris; Prof. Michael Sharpe

Title: Receiving 'low-risk' assessment for breast cancer: A pilot investigation of counselees' needs following referral to general practice

Funding Agency: EastRen

Amount and Duration: £9,205, 2 years

Principal Investigator: Dr. Gozde Ozakinci

Co-investigators: Dr. Cathy Jackson; Ms. Lorna McLeish (Ninewells Hospital)

Title: Changing energy consumption behaviour in academic departments: A longitudinal intervention study

Funding Agency: University of St Andrews

Amount and Duration: £27,000, ended 31 Aug 2008

Investigators: Dr. Clare Cassidy (Psychology); Dr. Gozde Ozakinci; Prof. Gerry Humphris; Prof. Steve Reicher; Dr. Anja Eller

Title: Web 2.0 Tools: A means of encouraging links within research disciplines and across research and Honours and Masters teaching

Funding Agency: Strategic Enhancement of Learning Fund

Amount: £1,657

Investigators: Julie Struthers, Nate Suda, Gozde Ozakinci, Eric Stoddart, James Davila

Title: Evaluation of the impacts of a workshop to reduce communication associated anxiety in medical students

Funding Agency: Strategic Enhancement of Learning Fund

Amount: £2,250

Investigators: Gozde Ozakinci, Anita Laidlaw, Rob Warren, Alex Collinson

Title: Fear of recurrence following head and neck cancer: an evaluation of patient concern

Funding Agency: British Association of Head & Neck Oncologists

Amount: £2,000

Investigators: Simon Rogers (Liverpool), Gerry Humphris, Gozde Ozakinci

PhD STUDENT SUPERVISION:

1. Patsy Whelehan: Mammography experience of women
Supervisor: Gozde Ozakinci
2. Rachel Nutt: Theory-guided exploration of factors associated with cardiac rehabilitation attendance and behaviour change among working age men and women
Supervisor: Gozde Ozakinci
Funded by Scottish Graduate School of Social Science (ESRC-funded doctoral training centre)
3. Scott Graham: An investigation into cardiac rehabilitation phase IV
Supervisors: Gozde Ozakinci, Damien Williams

Health Psychology stage 2 trainee (doctoral level): Lauren Kilbee

Completed: Julie McLellan and Niall Anderson

COMPLETED PhD STUDENTS:

1. Ross Whitehead: Perception of health in faces
A 3-year ESRC Industrial CASE award, co-sponsored by Unilever Research,
Co-supervisors: Dave Perrett (St Andrews; Psychology&Neuroscience); Gozde Ozakinci
2. Hannah Dale: Men with cancer: psychosocial issues, health behaviours, coping and help seeking.
Co-supervisors: Gerry Humphris, Gozde Ozakinci
3. Aleksandra Sobota: Fertility related issues in gynaecological cancers.
Supervisor: Gozde Ozakinci; Funded by Danuta Richardson fellowship
4. Pelin Ozgur: Gain- and loss-framed messages to effect diet, physical activity, and alcohol consumption among university students: a cross-cultural study
Supervisor: Gozde Ozakinci, Gerry Humphris
Funded by Turkish Government, Ministry of Education

INVITED TALKS/SEMINARS

1. Invited speaker at **NCRI Annual Meeting** at the symposium titled “Delivering patient-centred care: Meeting the psychosocial needs of people living with and beyond cancer”. 8th November 2016, Liverpool. Talk title: “Fears of cancer recurrence: its impact and future directions for research and practice’.
2. ‘A view from the sandpit’ at **World Cancer Congress**, Paris, 1st November 2016. Talk at the session titled ‘Cancer prevention initiative: A model for increasing capacity in policy translatable behavioral and lifestyle research’ chaired by Prof Linda Bauld (in collaboration with Cancer Research UK).

3. Invited workshop organiser on “Fear of cancer recurrence: Theoretical frameworks and intervention strategies” at **International Congress of Behavioral Medicine**, Melbourne, 7th December 2016 together with Prof Phyllis Butow and Prof Louise Sharpe.
4. Invited speaker on ‘Fertility related decision making among breast and gynaecological cancer survivors’, **University of Sydney**, 12th December 2016
5. **Keynote speaker at British Psychological Society**, Division of Health Psychology – Scotland Annual Scientific Meeting, 22nd February, 2016, Glasgow.
6. Invited speaker at the Special Session: “Fears of cancer recurrence” at the 18th **ECCO - 40th ESMO European Cancer Congress**, Vienna, September 2015.
7. ‘parkrun UK: a community driven physical activity approach’ at CRiPS at the University of Dundee, 22nd April 2015
8. ‘parkrun: Who are the parkrunners?’ at parkrun UK research conference, May 2015, Birmingham.
9. “Fears of cancer recurrence: a survivorship perspective”. Colloquium presented at the School of Psychological Sciences, University of California, at Merced, 6th November, 2013
10. “Current issues in psycho-oncological research: pitfalls and future directions” Seminar presented at the School of Psychology, University of Rider, USA, 26th November, 2013
11. “Fears of recurrence among people treated for cancer”. Seminar presented at the School of Nursing and Midwifery, University of Dundee, 13th May 2010
12. “Fears of recurrence among people treated for cancer”. Talk presented at Psychological Medicine Research Group, University of Edinburgh, 14th May 2009
13. “Fears of cancer recurrence: assessment and intervention”. Talk presented at Faculty of Dentistry, McGill University, 21st April, 2009
14. “Fears of recurrence among people treated for cancer”. Talk presented at University of Dundee, Mackenzie Centre, Dundee, 31st March, 2009.
15. “Current issues in the perception and communication of genetic risk information of breast and ovarian cancer”. Talk presented at University of Cambridge, General Practice & Primary Care Research Unit, Institute of Public Health, 15th June 2006.

16. “Perception and communication of genetic risk information: From the individual to the family”. Talk presented at Bogazici University, Psychology Department, Istanbul, Turkey, 8th May 2006.

TEACHING EXPERIENCE

School of Medicine, University of St Andrews:

- Module controller for ‘Health information, prevention, and decision making’ module in MSc in Health Psychology
- Topic leader for People and Medicine strand –MD4002 dissertation module.
- Lectures in Clinical Health Psychology, Behavioural Sciences Module for 3rd year and 1st year curriculum (2006-current)
- Medical undergraduate Communication Skills tutor (2006-current)
- Lectures on SPSS use
- Trained examiner of undergraduate medical student communication skills competency

Rutgers-The State University of New Jersey/Instructor for the following courses:

- Quantitative Methods in Psychology, Summer Semester, 2003, 2004; Spring Semester, 2003; Spring Semester Saturday session, 2001
- Research Methods in Psychology, Summer Semester, 2002
- Health Psychology, Summer Semester, 2001

Istanbul Bilgi University, Istanbul, Turkey:

- Co-instructor: Research and Quantitative Methods, 1999
- Recitation instructor: Social Psychology, 1999, 2000
- Recitation instructor: Gender Studies, 1999

DATA ANALYTICAL SKILLS

- SPSS: Experience in Multiple regression, Factor analysis, Analysis of Variance through specialized courses during graduate school
- Attended specialized workshops on qualitative research methods and analyses in University of Dundee (2006).
- NVivo2: Attended a one-day specialized course in University of Edinburgh (28th October 2005)
- Mplus: Attended three-day specialized course in University of Manchester to develop skills in application of structural equation modeling with continuous, ordinal and categorical variable indicators (10-12 Jan 2006).
- Meta-analytical skills

DEPARTMENTAL SERVICE

- Deputy Head of Population and Behavioural Science Division (2017-current)
- Deputy MSc Health Psychology course director (2016-current)
- Convener, Space planning and infrastructure committee
- Clinical research safety lead
- Ethics committee membership
- Library rep for School of Medicine (2015-2017)
- Interviewer for medical school admissions and UCAS forms screener & MSc selection committee membership, 2005-current

MSc AND MEDICAL UNDERGRADUATE SUPERVISION

- +10 MSc in Health Psychology students since 2009
- Medical student honours' theses

EXTERNAL REVIEWING

- Associate editor for Journal of Behavioral Medicine
- Former Academic editor for PLoS ONE and peerj
- Ad hoc reviewer for the Journal of Women's Health; Journal of Psychosomatic Research; Health and Quality of Life Outcomes; Journal of Behavioral Medicine; International Journal of Behavioural Medicine; Health Expectations; Behavior and Personality: an international journal, Psycho-Oncology; BMC Health Services Research; British Journal of Health Psychology; Journal of Cross-Cultural Psychology; Psychology and Health; European Journal of Oncology Nursing; British Journal of Social Psychology; Families, Systems, and Health; Supportive Care in Cancer; Health Psychology Review; Primary Health Care Research & Development; PLoS ONE; BMJ Open
- Reviewer of abstract submissions for the Society of Behavioral Medicine
- Reviewer of grants for Cancer Research UK, National Institute for Health Research, Health Technology Assessment Programme, ESRC.

PROFESSIONAL MEMBERSHIPS

- Society of Behavioral Medicine –Member (2003-present)
- Member of Evidence Based Behavioural Medicine Special Interest Group
- Member of Cancer Special Interest Group Steering Committee
- Member of Multiple Risk Behavior Change Special Interest Group
- Association for Psychological Science – Member (2005-2010)
- European Health Psychology Society – Full Member
- European Association for Communication in Health Care – Member (2006-2009)
- British Association for Behavioural and Cognitive Psychotherapies (2007-present)

REFERENCES

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